

# Dr Harbidge & Partners

## Kidsgrove Medical Centre

NEWSLETTER

Issue: 3 | July 2025

**NHS**

Providing NHS services



Newcastle North  
Primary Care Network  
Limited

Part of  
Newcastle North PCN

### WELCOME TO OUR PRACTICE NEWSLETTER

Welcome to the third edition of our Dr Harbidge & Partners practice newsletter.

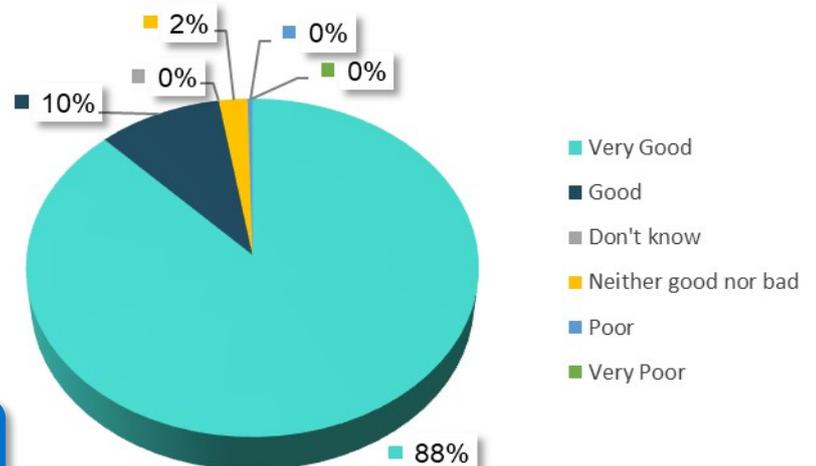
In our monthly newsletters you'll find updates on practice news, key announcements and messages from across Primary Care. You can expect to receive this newsletter on a monthly basis.

We'll continue to share information about upcoming events, opportunities to get involved in activities, and ways you can make a positive impact at your practice.

### Our data from June

- **2,047**  
Appointments attended 
- **48**  
Missed appointments 
- **639**  
Online consultations 
- **98%**  
Patients recommend us 

### Our Friends & Family Feedback from June



*"You provide an excellent service and go above and beyond for the patients."*



# Do more with the NHS App!



**NHS**  
App

Alcohol Awareness Week  
7-13 July 2025

**ALCOHOL**  
**CHANGE™**

## Is your work causing you to drink more?

Discover ways to help you cut back. Even small changes can boost your health, mood and productivity.

[alcoholchange.org.uk](http://alcoholchange.org.uk) #AlcoholAwarenessWeek

## Upcoming Practice closure dates



25<sup>th</sup> August 2025  
Summer bank holiday

**LOVE YOUR CERVIX**

**IT'S YOUR CERVIX. SHOW IT YOU CARE.**

When you're invited for cervical screening, book an appointment at your GP surgery. Get it checked out to help stop cancer developing.

Find out more [www.nhs.uk/cervical-screening](http://www.nhs.uk/cervical-screening)

## Kidsgrove Carers Group



If you are looking after someone please come along to our group and meet with our staff, Social Prescribers and other carers.

Our next carers group is;

15<sup>th</sup> July 2025,

2pm to 3:30pm

at Kidsgrove Library.

## JULY IS SARCOMA AWARENESS MONTH

### Did you know?

- Sarcomas are rare cancers that develop in different parts of the body, including the bones and soft tissues.
- Each year, about 4,300 people in England are diagnosed with a soft tissue sarcoma.
- About 550 people are diagnosed every year with primary bone cancer in the UK.
- Despite their rarity, early detection is crucial.

For more information and support, visit:

[www.macmillan.org.uk/cancer-awareness/sarcoma-awareness-month](http://www.macmillan.org.uk/cancer-awareness/sarcoma-awareness-month)

**NHS**

## A pharmacist can help with hay fever

Speak to a pharmacist if you have hay fever. They can give you advice and suggest the best treatments to help with symptoms, such as:

- antihistamine drops, tablets or nasal sprays
- steroid nasal sprays

Some antihistamines can make you very sleepy, so speak to your pharmacist about non-drowsy antihistamines if you need to.



Life is worth Racing for.

As a GP practice we've come together as a team to take on the Pretty Muddy Challenge in support of **Cancer Research UK** on Sunday 27<sup>th</sup> July 2025.

Why not sponsor us by donating to **Cancer Research UK** on the link below:

<https://fundraise.cancerresearchuk.org/team/dr-harbidge-partners>

## Need to cancel your appointment?

Please let us know. You can cancel by **Calling us** or the **NHS App**. Click the QR code below or visit our website.



[www.kidsgrovemedicalcentre.co.uk/alerts/need-to-cancel-your-appointment/](http://www.kidsgrovemedicalcentre.co.uk/alerts/need-to-cancel-your-appointment/)

Thank you for reading our practice newsletter, we hope you found the information relevant and useful. If you have any feedback or suggestions, please contact us by the below.

**Email:** [Admin.M83023@staffs.nhs.uk](mailto:Admin.M83023@staffs.nhs.uk) **or Visit:** [www.kidsgrovemedicalcentre.co.uk](http://www.kidsgrovemedicalcentre.co.uk)