

Dr Harbidge & Partners

Kidsgrove Medical Centre

NEWSLETTER

Issue: 9 | January 2026

NHS

Providing NHS services




Part of

Newcastle North PCN:

Audley Health Centre
Heathcote Street Surgery
Kidsgrove Medical Centre
Mount Road Practice
Talke Clinic

Data from December

- **1,987**
Appointments attended 
- **49**
Missed appointments 
- **1271**
Online consultations 
- **94.4%**
Patients recommend us 

WELCOME TO OUR PRACTICE NEWSLETTER

Welcome to the next edition of our **Dr Harbidge & Partners** practice newsletter.

In our monthly newsletters you'll find updates on practice news, key announcements and messages from across Primary Care. You can expect to receive this newsletter on a monthly basis.

We'll continue to share information about upcoming events, opportunities to get involved in activities, and ways you can make a positive impact at your practice.

Friends & Family Feedback from December



178 patients took part in our friends and family survey last month.



"Prompt appointment following triage from online form."



Do more with the NHS App!



NHS
App

What is Total Triage?

Dr Harbidge and Partners have been using **Total Triage** since 18th December 2025.

Total Triage means all requests are triaged by a GP first, before an appointment is given.

Patients contact the practice using the online form, provide brief details and a GP reviews this information.

- This service is available **Monday to Friday** from **8am to 6:30pm**.
- Your request will be reviewed the same day and actioned based on the information you provide.
- This may include booking an appointment, offering advice, signposting to another service, or requesting further details.

If you would like help using this service, please call reception on **01782 831101**.

For more information about Total Triage visit: www.kidsgrovemedicalcentre.co.uk/our-practice/total-triage

To submit a medical health problem or an administrative request (e.g. fit (sick) notes, repeat prescriptions, reviews, screening and vaccinations),

Visit:

<https://accurx.nhs.uk/patient-initiated/m83023>

Kidsgrove Carers Group


If you are looking after someone please come along to our group and meet with our staff, Social Prescribers and other carers.

Our next carers group is:

Date: 20th January 2026

Time: 2pm to 3:30pm

Location: Kidsgrove Library

 UK Health Security Agency

Don't take antibiotics for colds and flu

Don't save leftover antibiotics for later, they don't work

Take them as directed by your GP, nurse or pharmacist



Cervical Cancer Prevention Week

19-25th January 2026

- All women aged 25 to 64 are invited for cervical screening every 5 years.
- Everyone with a cervix should go for cervical screening.
- Most common symptoms are vaginal bleeding that is new or different for you.
- Other symptoms include: Lower back or pelvic pain, pain or discomfort during sex, or changes to vaginal discharge.

For more information visit: www.nhs.uk/tests-and-treatments/cervical-screening

Veganuary - Try something new



VEGANUARY

This January, thousands of people are taking part in **Veganuary** and trying a plant based diet for the month.

Whether you're doing Veganuary for health, the planet, or just to try something new, small changes can make a big difference.

For more information visit: www.veganuary.com

Thank you for reading our practice newsletter, we hope you found the information relevant and useful. If you have any feedback or suggestions, please contact us by the below.

Email: Admin.M83023@staffs.nhs.uk **or Visit:** www.kidsgrovemedicalcentre.co.uk