

Dr Harbidge & Partners

Kidsgrove Medical Centre

NEWSLETTER

Issue: 10 | February 2026

NHS

Providing NHS services







Newcastle North
Primary Care Network
Limited

Part of Newcastle North PCN:

Audley Health Centre
Heathcote Street Surgery
Kidsgrove Medical Centre
Mount Road Practice
Talke Clinic

Data from January

- **2,281**
Appointments attended 
- **37**
Missed appointments 
- **2367**
Total Triage submissions 
- **96.3%**
Patients recommend us 

WELCOME TO OUR PRACTICE NEWSLETTER

Welcome to the next edition of our **Dr Harbidge & Partners** practice newsletter.

In our monthly newsletters you'll find updates on practice news, key announcements and messages from across Primary Care. You can expect to receive this newsletter on a monthly basis.

We'll continue to share information about upcoming events, opportunities to get involved in activities, and ways you can make a positive impact at your practice.

Friends & Family Feedback from January



265 patients took part in our friends and family survey last month.



"New triage system allowed for immediate response and appointment, was seen by the doctor promptly also reception colleagues were helpful and friendly."

★★★★★

Do more with the NHS App!



NHS
App

FEBRUARY

HEART MONTH

HEART UK
THE CHOLESTEROL CHARITY

This **Heart Month**, learn more about cholesterol and how small lifestyle changes can help protect your heart.

High cholesterol often has no symptoms, but it can increase your risk of heart disease and strokes.

Simple ways to support a healthy heart:

- Eat a balanced diet with less saturated fat and more fruit, veg, wholegrains and oily fish.
- Aim for 150 minutes of activity a week.
- Stop smoking.
- Keep alcohol within 14 units a week.
- Maintain a healthy weight.
- Get your cholesterol checked, especially if you're over 40 or have a family history of heart disease.

For more information visit:

www.heartuk.org.uk/get-involved/Heart-Month-2026

Kidsgrove Carers Group

If you are looking after someone please come along to our group and meet with our staff, Social Prescribers and other carers.

Our next carers group is:

Date: 17th February 2026

Time: 2pm to 3:30pm

Location: Kidsgrove Library

Next PPG Meeting

Would you like to make a difference, help express views and feelings that our patient's may have regarding their care?

The next PPG (Patient Participation Group) meeting:

Date: 26th March 2026

Time: 5:30pm to 6:45pm

Location: Dr Harbidge and Partners

Need to cancel your appointment?

Please let us know. You can cancel by **Calling us** or the **NHS App**. Click the QR code below or visit our website.



What is Total Triage?

Dr Harbidge and Partners have been using **Total Triage** since 18th December 2025.

Total Triage means all requests are triaged by a GP first, before an appointment is given.

Patients contact the practice using the online form, provide brief details and a GP reviews this information.

- This service is available **Monday to Friday** from **8am to 6:30pm**.
- Your request will be reviewed the same day and actioned based on the information you provide.
- This may include booking an appointment, offering advice, signposting to another service, or requesting further details.

If you would like help using this service, please call reception on **01782 831101**.

For more information about Total Triage visit: www.kidsgrovemedicalcentre.co.uk/our-practice/total-triage

To submit a medical health problem or an administrative request (e.g. fit (sick) notes, repeat prescriptions, reviews, screening and vaccinations),

Visit:

<https://accurx.nhs.uk/patient-initiated/m83023>

Thank you for reading our practice newsletter, we hope you found the information relevant and useful. If you have any feedback or suggestions, please contact us by the below.

Email: Admin.M83023@staffs.nhs.uk **or Visit:** www.kidsgrovemedicalcentre.co.uk